**Anthem Blue Cross: 100-A \$0; Rx 5-20** 

Coverage Period: 10/1/2022 - 9/30/2023 Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can get the complete terms in the policy or <u>plan</u> document at www.anthem.com/ca/sisc or by calling 1-855-333-5730. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-855-333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes. Preventative care, primary care, and prescription drug coverage services are covered before you meet your deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For network providers: \$1,000 individual / \$3,000 family for medical. \$1,500 individual / \$2,500 family for prescription drug coverage	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Copayments for certain services, premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. For a list of <u>network providers</u> , see www.anthem.com/ca/sisc or call 1-855-333-5730.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common Medical		What Y	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)		
Maran visit a baskb	Primary care visit to treat an injury or illness	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None	
If you visit a health care <u>provider</u> 's office or clinic	<u>Specialist</u> Visit	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None	
	Preventive care/screening/ immunization	No Charge	Not Covered	None	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Not Covered	None	
ii you nave a test	Imaging (CT/PET scans, MRIs)	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	Coverage limited to \$800 for <u>out-of-network providers</u> .	
If you need drugs to	Generic drugs	Retail 30-Days: Costco: \$0/Rx Other: \$5/Rx Mail 90-Days: \$0/Rx	Member must pay the entire cost up front and apply for	Some narcotic pain medications and cough medications require the regular retail copayment at Costco and 3 times the regular copayment at Mail.	
treat your illness or condition  More information about prescription drug coverage is available at www.navitus.com	Preferred brand drugs	Retail 30-Days: Costco: \$20/Rx Other: \$20/Rx Mail 90-Days: \$50/Rx	reimbursement. Net cost may be greater than if member uses an in-network provider.	If a brand drug is dispensed when a generic equivalent is available, then the member will be responsible for the generic copayment plus the cost difference between the generic and brand.	
www.mavitaoiooiii	Specialty drugs	30-Days: \$20/Rx	Not Covered	Member must use Navitus Specialty Rx. Supplies of more than 30 days are not allowed	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	In-network hospital benefit limitations: Arthroscopy: \$4,500/procedure Cataract Surgery: \$2,000/procedure Colonoscopy: \$1,500/procedure Upper GI Endoscopy w/Biopsy: \$1,250/procedure Upper GI Endoscopy w/o Biopsy:	

Common Medical		What Y	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Event	Services You May Need	<u>Network</u> <u>Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)		
				\$1,000/procedure	
				Coverage is limited to \$350/day for out-of-network Ambulatory Surgery Centers.	
	Physician/surgeon fees	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None	
If you need immediate	Emergency room care	\$100 / visit	\$100 / visit	\$100 <u>Copayment</u> waived if admitted. You are responsible for billed charges exceeding maximum <u>allowed amount</u> for <u>out-of-network providers</u> .	
medical attention	Emergency medical transportation	\$100 / trip	\$100 / trip	None	
	Urgent care	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	The maximum <u>plan</u> payment for non- emergency hospital services received from a non-preferred hospital is \$600 per day. Members are responsible for all charges in excess of \$600. Failure to prior authorize may result in reduced or nonpayment of benefits.	
	Physician/surgeon fees	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None	
If you need mental health, behavioral	Outpatient services	Office Visit: No Charge Facility: No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None	
health, or substance abuse services	Inpatient services	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	This is for facility professional services only. Please refer to your hospital stay for facility fee.	
If you are pregnant	Office visits	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	Cost sharing does not apply for preventative services. Depending on the type of services, a copayment, coinsurance, or deductible may apply.	

Common Medical		What You Will Pay		Limitations Expontions 2 Other
Event	Services You May Need		Out-of-network provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None
	Childbirth/delivery facility services	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	Non-Preferred facility are subject to a maximum benefit payment up to \$600 per day.
	Home health care	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	Coverage is limited to a total of 100 visits, In-network Provider and Non-Network Provider combined per calendar year (one visit by a home health aide equals four hours or less; not covered while member receives hospice care). In-network and Non-Network services count towards your limit. Subject to utilization review.
	Rehabilitation services	No Charge	Not Covered	Subject to medical necessity review
If you need help	Habilitation services	No Charge	Not Covered	administered by American Specialty Health (ASH).
recovering or have other special health needs	Skilled nursing care	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	Coverage for Inpatient rehabilitation and skilled nursing services is limited to a combined total of 150 days per calendar year for services received from In-network & Non-Network providers. For Non-Network providers, limited \$600/Day. Subject to utilization review.
	Durable medical equipment	No Charge	Not Covered	Subject to utilization review. Therapeutic shoes & inserts for members with diabetes (2 pairs each/calendar year).
	Hospice services	No Charge	Billed charges exceeding <u>out-of-network</u> fee schedule.	None

Common Medical		What Y	ou Will Pay	Limitations, Exceptions, & Other
Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)	Important Information
lfabild.maada	Children's eye exam	Not Covered	Not Covered	None
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	None

## **Excluded services & Other Covered Services:**

Sei	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
•	Cosmetic surgery	•	Long-term care	•	Routine eye care (Adult/Child)
•	Dental care (Adult/Child)	•	Routine foot care	•	Services not deemed medically necessary
•	Infertility treatment	•	Private -duty nursing	•	Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
Acupuncture	Bariatric surgery	Chiropractic care		
Hearing aids				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="mailto:cciio.cms.gov">cciio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health insurance">Health insurance</a> Marketplace. For more information about the Marketplace, visit <a href="hwww.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a grievance or <u>appeal</u>. For more information about your rights, look at the ex<u>plan</u>ation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a grievance for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Anthem BlueCross Or Contact: Department of Labor's Employee Benefits

ATTN: Appeals Security Administration at P.O. Box 4310 Security Administration at 1-866-444-EBSA(3272) or Woodland Hills, CA 91365-4310 www.dol.gov/ebsa/healthreform

## Does this plan provide Minimum essential coverage? Yes

Minimum essential coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum essential coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum value standards? Yes

If your plan doesn't meet the Minimum value standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

아직 가입하지 않았거나 한국어로 된 도움말이 필요한 경우 영업 관리자나 그룹 관리자에게 문의하시기 바랍니다. 이미 가입한 경우 ID 카드에 있는 번호를 사용하여 고객 서비스에 문의하시기 바랍니다.

Nếu quý vị chưa phải là một hội viên và cần được giúp đỡ bằng Tiếng Việt, xin liên lạc với đại diện thương mãi của quý vị hoặc quản trị viên nhóm. Nếu quý vị đã ghi danh, xin liên lạc với dịch vụ khách hàng qua việc dùng số điện thoại ghi trên thẻ ID của quý vị.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$10	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$70	

## Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<u>Cost sharing</u>	
<u>Deductibles</u>	\$0
Copayments	\$350
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$370

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost sharing	
<u>Deductibles</u>	\$0
Copayments	\$210
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$210